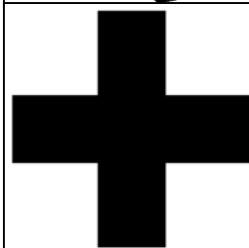
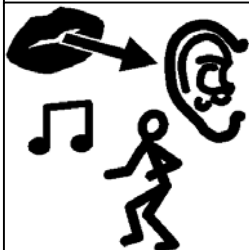




# Somerset Activity and Sports Partnership

# Disability Directory



## INTRODUCTION

Welcome to this new edition of the Disability Sports Clubs/Groups directory for Somerset. I do hope you find the information useful and that you are able to contact the groups listed with ease.

All of the information has been supplied by the groups themselves, SASP has collated and passed on this information but is not in a situation to recommend or make judgement about any activities. You should contact the individual organisations to make sure that what they provide, can meet your individual needs.

If you represent an organisation not listed in this guide and you wish to be included in a later publication, please contact the SASP office.

Looking forward to meeting you at one of the inclusive venues in the future.

Heather Mantle

Somerset Activity and Sports Partnership

Weir Lodge

83 Staplegrove Road

Taunton

TA1 1DN

Telephone: 01823 447128

Fax: 01823 447140

Website: [www.sasp.co.uk](http://www.sasp.co.uk)

**ATHLETICS**

Sportshall Athletics

Yeovil College Sportshall

Saturday 10 – 12

Contact Jenny Slade 07969 397093

**YEOVIL OLYMPIADS ATHLETICS CLUB**

Fully inclusive club—meets Yeovil Track 6pm-7pm April-September

Contact Jenny Slade 07969 397093

**ARCHERY**

BowmenofDanesfield@geas.co.uk

**BADMINTON**

Crewkerne Sports Centre

Monday 8pm – 9pm

01460 271683

**BASKETBALL**

Wheelchair Basketball (Taunton)

Tuesdays 7 – 8pm

Contact Dave at the Wellsprings Centre Taunton 01823 271271

**BOWLS CLUBS**

**MANY** Bowls clubs now have adapted chairs especially for indoor and outdoor greens, these will enable people of all abilities to access the game. Do contact your local club who will be pleased to accommodate you.

**BOWLS VISUALLY HANDICAPPED**

Bridgwater

The Parks Club

Contact Eric Shackelford 01278456045

Taunton

Contact D Pugsley 01823251902

Yeovil

Higher Kingston

Contact Dennis Yeoman 01935 471665

**BOWLS Learning Difficulties**

Frome Leisure Centre

Fridays 7pm

Contact Centre 01373 465446

**BOWLS GROUP STEPPING STONES FOR MENDIP**

(Adults with learning difficulties)

Groups in Glastonbury and Frome

Contact your own keyworker or L Woolway 01749 341552

**CANOEING**

Sutton Bingham and District canoe Club

Contact Keith 01935 421153

**CRICKET**

Somerset Disabled Cricket Club

Contact 01823 352368

Western Counties Deaf Cricket Club

Contact 01278 428802

**DANCING LINE DANCING (Beginners)**

Wells Leisure Centre

Fridays 10.30 – 11.30

Contact 01749 670055

**FISHING**

Fishability

Contact D Seymour 01278780207

Sea Fishing

Steve Yeandle

0778750939

**FOOTBALL LEARNING DIFFICULTIES**

Shepton Mallet Leisure Centre

Contact

Louise Woolway 01749 341552

**FLEXERCISEGROUP**

Groups held in Wells and Shepton

Contact your own Keyworker or L Woolway 01749 341552

**HOCKEY—WHEELCHAIR HOCKEY**

Wellspring Leisure Centre

Wednesdays 7pm

Contact Centre 01823 271271

**INCLUSIVE FITNESS INITIATIVE**

The Inclusive Fitness Initiative (IFI) is a Sport England Lottery Funded project that supports not for profit fitness facilities to become inclusive, catering for the needs of disabled and non disabled people alike. Inclusive Fitness Facilities make developments in access, fitness equipment, staff training, marketing strategies and sports development, ensuring that fitness is accessible for all.

IFI sites in Somerset are (Textphone users add prefix 18001):

Yeovil Sports College Centre, Yeovil: 01935 423921

Sedgemoor Splash, Bridgwater: 01278 435636

Shepton Mallet Sports Centre, Shepton Mallet: 01749 346644

Castle Sports Centre, Taunton: 01823 322934

**LIVING ACTIVE GROUPS**

Chair based activities

Coleford Mon 12 noon

Frome Tues 3.15

Shepton Thurs 10am and 2pm

Wells Tues 10am

Contact Own G.P Surgery or L Woolway 01749 341552

**RIDING**

Conquest Riding centre

Centre for Disabled Riders

Conquest Farm Norton Fitzwarren Taunton

Contact 01823 433614

Riding for the Disabled

Sparkford

Contact S Trayhurn 01823 851048

**CARRIDGE DRIVING ( Horse Drawn )**

West Somerset Carriage Driving For the Disabled

Woodside, Roadwater, TA23 0RG

**RIDING**

Conquest Riding centre

Centre for Disabled Riders

Conquest Farm Norton Fitzwarren Taunton

Contact 01823 433614

Riding for the Disabled

Sparkford

Contact S Trayhurn 01823 851048

**CARRIDGE DRIVING ( Horse Drawn )**

West Somerset Carriage Driving For the Disabled

Woodside

Roadwater

**SAILING**

Sutton Bingham sailing Club

Sailing and Canoeing for the disabled

01935 863275

Wimbleball Lake

Wimbleball Sailing Club

Specially adapted boats

Contact 01823 662505

(Wheelie Boats For Wheelchair users )

**SCUBA DIVING**

Scuba Diving Club

Aquasplash Minehead

Contact 01643 708000

**DIVE MOBILE**

Lee and Polly Smallwood ( Blackford )

**SURFING**

Steve Godsell

01643 702335

**SWIMMING**

Bridgwater

Sedgemoor Swans ( Disability Group )

Sedgemoor Splash

Contact 01278 425636

Burnham

The Disabled Club

Burnham Pool

Weds 9 – 10.30

Contact 01278 785909

Disabled and 50+ swim group

(Swimming continued on the next page)

**SWIMMING (continued)**

**Chard**

**Cresta Sport Centre Holyrood School**

**Mon 3-4pm**

**Thurs 3-4pm**

**Contact 01460 64084**

**Frome**

**Disabled Swim Session**

**Sun 5.30. -6.30**

**Frome L>C**

**Contact 01373 465446**

**Kings of Wessex Leisure Centre (Cheddar)**

**Disabled swim session( within public swim session)**

**Mon 2—3pm**

**AWP Group**

**Swim group for Adults Contact own Keyworker for details**

**Street**

**Mallards Swimming Club**

**Strode Swimming Pool Street**

**Contact M Campell 01934478032**

**SWIMMING (continued)**

**Taunton**

**Santiago Swimmers**

**James Street Pool**

**For Partially sighted and registered Blind**

**Contact SAB 01823 333818**

**Wincanton Community Sports Centre**

**Public swimming Sessions for Disabled**

**Mon 12-1pm**

**Wed 3-4pm**

**Fri 7-8pm**

**01963 824400**

**TENNIS**

**Wheelchair Tennis**

**Blackbrook Tennis Centre Taunton**

**Sun 4pm -6 pm**

**Contact 01823 285983**

**Tennis Group for people with learning Disability**

**Blackbrook Tennis Centre**

**Thurs 1 – 2pm**

**Contact 01823 285983**

**TRAMPOLINING (South Somerset)**

**Rebound Therapy**

**01935 825261**

**WALKS GROUPS****First Step To Health Walking Programme****Mini Bus Collection Points in Taunton****Contact Andy Richards in the SASP office 01823 447128  
for details****Family Walks****Tend to take place during school holidays****Contact Andy Richards in the SASP office 01823 447128  
for details****Tone Leisure****50+ walks****Contact Andy Richards in the SASP office 01823 447128  
for details****Workplace Walks****Contact Andy Richards in the SASP office 01823 447128  
for details****Healthy Walks Group with Wheelchair access routes****Frome Victoria Park****Contact****L Woolway 01749 341552****GENERAL CLUBS****Multi Sports / Skills Clubs****Yeovil College Sports Hall****Weds 5pm -6pm****Contact J Slade 07969397093****Sunday Sports Club****Yeovil College Sports Hall****Contact C Merry 07791227710****Both above clubs have a variety of sports activities to try****Multi Sport Club Chard****Cresta Sport Centre****Holyrood School****1<sup>st</sup> Sunday in month****Contact 01460 64084****COMMUNITY STROKE GROUP****Frome****Contact L Woolway 01749 341552****CARDIC SUPPORT GROUP****Glastonbury Leisure Centre****Contact 01458 830090**

**CALVERT TRUST EXMOOR**

Various activities for all Disabilities with adapted equipment to hand

Contact 01598763221

**DUKE OF EDINBURGH's AWARD**

Somerset County Youth service

01823 259208

**SOMERSET COUNTY SPORTS ASSOCIATION FOR THE DISABLED**

Have a go events

3 per year

Spring into Action

Bath and West Showground

Autumn Fling

Contact G Mathews 01747 840412

**BARNDONES INCLUSION PROJECT**

Contact 01823 257917

**A.B.L.E.**

Contact 01458 833057

**MENDIP DISABLED CLUB**

Strode Pool

Contact 01458445421

**PHOENIX SPORTS CLUB**

Contact 01458 273166

**STRAWBERRY CLUB**

For adults with learning difficulties

Chilton trinity Sports Centre

Monday 6.45 – 8.15 pm

01278 429119

**Somerset Special Schools Sports Association**

07765013695

**OPEN DOORS GROUP WEST Somerset**

Indoor Games

West Somerset Community School sports Centre

Contact L Stewart

01643 708000

**Somerset Activity and Sports Partnership**

**Weir Lodge**

**83 Staplegrove Road**

**Taunton**

**TA1 1DN**

**Telephone: 01823 447128**

**Fax: 01823 447140**

**Website: [www.sasp.co.uk](http://www.sasp.co.uk)**



**Other useful Websites**

**English Federation of Disability Sports: [www.efds.net](http://www.efds.net)**

**BBC Sports (Disability Sport):  
[www.news.bbc.co.uk/sport1/hi/other\\_sports/disability\\_sport/default.stm](http://www.news.bbc.co.uk/sport1/hi/other_sports/disability_sport/default.stm)**

**Inclusive Fitness Initiative: [www.inclusivefitness.org](http://www.inclusivefitness.org)**

**Disability Sports Events: [www.disabilitysport.org.uk](http://www.disabilitysport.org.uk)**