

Can you be a superhero?

Superheros come in all shapes, sizes and uniforms. We need superheros to stay home and save lives by stopping the spread of Coronavirus. Are you up for the challenge?



The criteria to make it into the superheros ranks are listed below:



Wash your hands
with warm water and
soap for 20 seconds



Stay Home
with your family



Use tissues to cover your
mouth and nose with a tissue
is you sneeze or cough.



Stay active
Exercise once a day



Learn something new
Try to keep up with studying
or try some new activities
such as baking, painting



Be social from a distance
Try calling or video calling
your friends and family



We are lucky to have many frontline superheros helping combat Coronavirus. These superheros are the nurses, doctors, carers, delivery drivers, pharmacists, supermarket assistants and many more. Will you help them combat Corona by Staying Home and Saving lives?

Find more activities at
www.southsomerset.gov.uk/childrensactivities

Can you be a superhero?

Do you fit the superhero criteria?

Then next you will need a super suit or uniform. Many of our superheroes come in uniforms from postmen and women to paramedics. What will your super suit look like?

In the space provided below draw your super suit.

Will it have protective features, magical powers, or will it identify you with a team of frontline workers saving the world?

