

Make a Covid-19 time capsule

We are living in unusual times during the Covid-19 pandemic and we are all living through an important moment in history. In years to come once things are back to normal we will look back and remember how the world got turned upside down and many future generations will learn about the times we are currently living in.

A time capsule will help us to remember life during this pandemic, including all the little things about the unusual times we are living in. This is a great family activity, so gather the troops and get started.

- 1 First you will need to find a container** to put a variety of objects into. This could be a box or tin if you are going to hide and bury the capsule away in your house.

However, if you are going to bury your time capsule in the garden it must be strong enough to survive and protect its contents from the elements. Stainless steel is recommended.

- 2 Next is the fun bit. Think about what to include in your time capsule.** What objects are important at the moment, would it be a face mask or a toilet roll? Will it be photos or letters describing the current events?

Below are a few suggestions:

- A family photograph with the date taken
- A journal or letter
- A price list of everyday items, eg, milk, bread and soap
- Treasured memories
- Today's local newspaper
- Interview people in your house
- Face mask, hand soap
- Your rainbows and colouring in
- Write a list of the guidelines you have been following

- 3 Bury and hide away your capsule.** But don't forget where it is in case you want to dig it up in 20 years time. Maybe you could draw yourself a treasure map to help you locate it in the future.